

1

**Swap clothes with a stranger.**

2

**Give a stranger a makeover.**

Clothes, make-up and/or face paint.

3

**Design a tattoo on paper. Then  
draw it on 3 willing strangers.**

4

**Do a mini improv theater  
performance with someone in  
front of a small audience.**

Ask the audience for the  
who, what and where of the scene.

5

**Play a game of reverse hide and seek with 4 or more people.**

One person hides. The others seek. Seekers join the hiding person when they find them. It ends when everyone is hiding.

6

**Walk around with snacks and personally offer them to at least 10 people**

Really sell them on it. Explain why this is the perfect snack for them.

7

**Ask someone who they would really like to talk to and be the matchmaker.**

8

**Team up with a stranger and contribute something to the space**

Decorate something, tidy up, load the dishwasher.

9

**Form a group of 6 or more and  
build a human pyramid.**

10

**French kiss someone  
you've never kissed before.**

Make sure there's enthusiastic consent.

11

**Serve someone their favorite  
drink from your belly button.**

Do this with someone you don't know well.  
You can also drink it from theirs.

12

**Exchange touch  
with a stranger.**

3 minutes per person.  
Specify exactly what you want to receive.

13

**Have a stranger eat some fruit off  
your skin without using their  
hands.**

14

**Wash the feet of someone  
you don't yet know.**

15

**Ask a stranger to give you  
a five-minute massage.**

It only counts when they do it.  
Tell them exactly what you want.

16

**Take a pee while someone  
sits on your lap.**

Make sure to do this on the toilet.

17

**Share a dance with a stranger for the duration of one song.**

18

**Give 5 people a heartfelt compliment.**

At least 3 of them have to be strangers.

19

**Sit down with a stranger and share your first impression of each other.**

Be specific and make assumptions.

20

**Eye gaze in silence with someone for 4 minutes.**

Set a timer on your phone.

21

**Find someone  
to sit in a corner with.  
Observe the space together.**

Tell each other what you notice.

22

**Have a 2 minute conversation  
with a stranger while you both  
shake your booty.**

Conversation cue: "If I could have dinner  
with anyone, it would be..."

23

**Ask someone to hold you.  
Then tell them about moment  
in which you were afraid**

Tell them exactly how to hold you.  
Make sure it actually nurtures you.

24

**Tell a stranger something about  
yourself that you wouldn't  
typically share on a first date.**

For example, a shadow side  
or a moment that you still feel  
embarrassed about.

**Talk to someone who you don't  
feel super inclined to talk to.**

Each share a moment in which you failed.  
Also share what you learned.