

Connection Bingo

We all have social anxiety. Yet we all desire human connection. We tend to only be vulnerable with people we know, but what if we turn it around? This game invites you to build connection and trust by being vulnerable first.

How it works

There are 25 connection challenges scattered throughout the house. They come in many different flavors. Some may be your cup of tea. Some may not. Or maybe just not yet. Strike off the challenges you've completed. Yell "bingo!" when you have completed a full row and come to see the game master to collect your prize!

Enjoy! And don't forget to breathe...

Pssst, you can print your own set at:
<https://mettekoppelaar.com/connectionbingo>

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